

**2015 SUMMER SERIES**  
**Broflex Classic Competition**

**Check-In**

**JULY 11th**

9:00am Maxfit Sports Nutrition 5082 Hwy 90, Pace FL 32571

**JULY 18<sup>th</sup>**

9:00am Maxfit Sports Nutrition 99 Eglin Parkway, Fort Walton Beach FL 32548

**Criteria/Regulations**

- **The competition will consist of 2 events**
- **FIRST EVENT – 20 Minute Tag Team, one person works while the other rests. Row, Box Step Up, Deadlift, Sled Drag**
- **SECOND EVENT – Combined max best weight in 3 minutes of a bear complex with the barbell.**
- **Top 5 teams qualify for the Finale held in Fort Walton Beach.**
- **Cash and prizes awarded in accordance with how many entries received. Maxfit will provide matching funds and prizes to create significant winnings.**
- **Olympic lifting Demo from the CF3P Barbell Team with Special Guest Tom Piscopo, Nationally Ranked State Champ @ 69kg**



Present

**2015 SUMMER SERIES  
BROFLEXCLASSIC  
CROSSFIT CHALLENGE COMPETITION  
OFFICIAL ENTRY FORM  
SATURDAY, July 11, 2015**

**ELIGIBILITY:** Open to everyone ages 16 and over.

**CONTEST LOCATION:** 5082 Hwy 90, Pace, FL 32571

**ENTRY FEE:** \$15.00 per team

**For Information:**

[www.iammaxfit.com](http://www.iammaxfit.com) or email: [iammaxfit@yahoo.com](mailto:iammaxfit@yahoo.com) or call 850-499-2508

**2 Person Male**

**3 places awarded**

One Class

**2 Person Female**

**3 places awarded**

One Class

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

In consideration of your accepting this entry, I hereby intending to be legally bound for myself, my heirs, executors or administrators, waive any and all right and claim for damages I may have against Russell Mesey, MFSN Inc, MRP2 Inc, RRJM Inc., MAXFIT Sports Nutrition, Workout Anytime, The Bar Strength & Conditioning, Crossfit Patriot Pride, Militia Fitness, CBRE and Family Center LLC. The sponsors and/or their agents, representatives and assignees for any and all of their agents, successors and licensees and assignees, the right to photograph and or reproduce (whether by film, tape, still photography, or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photograph motion pictures, radio, television, video printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with and the foregoing.

Signature: \_\_\_\_\_ Parent/Guardian, if minor: \_\_\_\_\_ Date: \_\_\_\_\_