

**2015 SUMMER SERIES**  
**Fit Girl Bikini & Dad Bod Competition**

**Check-In**

**JULY 11th**

10:00am Maxfit Sports Nutrition 5082 Hwy 90, Pace FL 32571

**JULY 18<sup>th</sup>**

10:00am Maxfit Sports Nutrition 99 Eglin Parkway, Fort Walton Beach FL 32548

**Criteria/Regulations**

- **Dad Bod Contestants will be judged on overall look for each category required; MALE - 50% Jeans/No shirt, 50% Board Shorts.**
- **Fit Girl Bikini - 50% Active Wear, 50% Bikini. Judges will be scoring on balance, symmetry and shape as well as overall physical appearance including complexion, skin tone, poise and overall presentation. Body tone is of utmost importance for each category of scoring.**
- **When choosing your competition wear emphasis is on “good taste!” Though points are awarded for exceptional body tone, skimpy or garish clothing will not necessarily score better.**
- **Active wear can consist of what you feel looks most flattering when you participate in an activity ie. gym wear, tennis outfit, etc.**
- **Multicolored posing suits or beaded suits are allowed. No “T” or thong suits will be allowed. Competitors may wear jewelry.**
- **Cash and prizes awarded in accordance with how many entries received. We will provide matching funds and prizes to create significant 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place winnings.**
- **Background music will be provided by Maxfit.**



Presents

2015 SUMMER SERIES  
FIT GIRL BIKINI COMPETITION  
FIT DAD BOD COMPETITION  
OFFICIAL ENTRY FORM  
SATURDAY, July 11, 2015

**ELIGIBILITY:** Open to everyone ages 16 and over.  
**CONTEST LOCATION:** 99 Eglin Parkway NE, Fort Walton Beach, FL  
**ENTRY FEE:** \$10.00 per category

**For Information:**

[www.iammaxfit.com](http://www.iammaxfit.com) or email: [iammaxfit@yahoo.com](mailto:iammaxfit@yahoo.com) or call 850-499-2508

**FIT GIRL Open**

**3 places awarded**

One Class

**DAD BOD Open**

**3 places awarded**

One Class

**FIT GIRL Masters (over 35)**

**3 places awarded**

One Class

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email Address: \_\_\_\_\_ Telephone: \_\_\_\_\_

In consideration of your accepting this entry, I hereby intending to be legally bound for myself, my heirs, executors or administrators, waive any and all right and claim for damages I may have against Russell Mese, MFSN Inc, MRP2 Inc, RRJM Inc., MAXFIT Sports Nutrition, Workout Anytime, The Bar Strength & Conditioning, Crossfit Patriot Pride, Militia Fitness, CBRE and Family Center LLC. The sponsors and/or their agents, representatives and assignees for any and all of their agents, successors and licensees and assignees, the right to photograph and or reproduce (whether by film, tape, still photography, or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit and/or otherwise exploit any and all media, including without limitation, by means of still photograph motion pictures, radio, television, video printing or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with and the foregoing.

Signature: \_\_\_\_\_ Parent/Guardian, if minor: \_\_\_\_\_ Date: \_\_\_\_\_